

Good Faith Estimate Notice
(to be displayed on both the provider’s website and in the office)

You have the right to receive a “Good Faith Estimate” (GFE) explaining the expected cost of your mental health care.

Effective January 1, 2022, under the **No Surprises Act**, health care providers must provide a Good Faith Estimate to individuals who do not have, or are choosing not to utilize, insurance. This includes individuals who are using their out-of-network benefits or are self-pay.

You have a right to:

- A written estimate of the cost of services before your first appointment or upon request.
- An estimate that includes the expected charges for services you are scheduled to receive.
- Dispute the bill if your bill is at least \$400 more than your Good Faith Estimate.

For questions or more information about your right to a Good Faith Estimate, or how to dispute a bill, visit www.cms.gov/nosurprises